

# ENRICHMENT COURSE OFFERINGS

## ***Monday***

March 5, 12, 19, 26; and April 9, 16, 23, 30

### **Chess with Ken Evans**

**Location:** TBA **Time:** 3:10 p.m. - 4:10 p.m.; **Grades:** 3, 4 and 5; **Fee:** \$90/8 weeks

The first lesson includes a review of rules, piece movement and values, and how to start and end the game. The second week will include chess notation and simple tactics such as forks, pins, skewers, and double attacks. In the next two lessons, cover sample games from famous grandmasters and some opening strategy will be covered, along with chess puzzles related to checkmate. Each week there is time designated to students playing each other, and Evans usually gives a simul at the end, playing against everyone at one time.

**Ken Evans** is a lifetime member of the United States Chess Federation, began playing chess in 1958, and reached the level of expert about twenty-five years ago. He has retired from teaching 30 years of physics at Kingston High School and now concentrates on helping elementary students with chess at about eight to ten schools per week. As a tournament director for USCF, he also assists in organizing and running scholastic tournaments in the Hudson Valley, from the Albany area to Newburgh.

### **Wearable Art with Jean Cendali**

**Location:** Ms. Cendali's Classroom **Time:** 3:10 p.m. - 4:10 p.m.; **Grades** 3, 4 and 5; **Fee:** \$98/8 weeks

Students will design and create wearable art using a variety of jewelry making techniques, including clay, felt, beads, paper mache and cool found objects. Come and create some unusual jewelry! Maximum enrollment is 8 students.

**Jean Cendali** teaches art to Haldane Elementary and Middle School students and, through the years, has brought a wide variety of art enrichment classes to the after-school program. Her classes have been popular and well-loved each session.

### **EcoKids with Pete Salmansohn**

**Location:** Outdoors and Mod 2 **Time:** 3:10 p.m. - 4:30 p.m.; **Grades** 3, 4 and 5; **Fee:** \$40/6 weeks

Become an EcoKid! Discover the wonders of nature in Haldane's backyard. Led by environmental educator Pete Salmansohn, this group will explore the trails and woods around James Pond and experience the change of seasons out of doors. Parents are welcome to join our hikes. Wear appropriate clothing and footwear - it can be muddy and cold. Students should bring their own snack. Water will be provided. While out in the woods it is very important that students listen to the instructor and the parent volunteers and show respect for each other and the environment. Maximum enrollment is 12 students. **This class runs only six weeks. The first class is March 26.**

**Parents are welcome on EcoKids hikes!** Contact Sarah Gurland at [sgurland@optonline.net](mailto:sgurland@optonline.net) to become an EcoParent. The EcoKids program was made possible through the support of the Hudson Highlands Land Trust Environmental Discovery Grant Program.

**Pete Salmansohn** has been an environmental educator for the National Audubon Society, NY State Parks, the University of Rhode Island, and other organizations. He has an M.S. in Science Teaching from Antioch/New England Graduate School, and was certified in middle school science. Currently, Pete works part-time for the Hudson Highlands Land Trust as a nature educator, and for Audubon's Puffin Project as a

grant writer. He very much enjoys being with kids in the out-of-doors and feels it's very important for children to have a direct connection to nature.

## ***Tuesday***

March 6, 13, 20, 27; April 10, 17, 25; and May 1

### **After School Sports with David Dougherty**

**Location:** Mr. Dougherty's Classroom **Time:** 3:10 p.m. - 4:45 p.m.; **Grade:** 5; **Fee:** \$95/8 weeks

The objective of this class is to learn how to compete in a positive manner with an emphasis on good sportsmanship. Activities could include; kickball, flag football, whiffleball, four square, spud, and capture the flag. A different game will be introduced each week; students will learn not only how to play the game, but how to be good winners and losers. Maximum enrollment is 12 students. **This class will be held primarily outdoors; students must be dressed appropriately for cold weather. Sneakers are mandatory.**

**David Dougherty** has been teaching at Haldane for twenty-plus years. David has coached high school varsity wrestling at Yorktown High School. David fondly remembers his own fifth grade after-school sports experiences in Ossining, which inspired this class, and he hopes to create special memories for your children, too.

### **Art Lab with Andrea Latvis**

**Location:** TBA **Time:** 3:10 p.m. - 4:10 p.m.; **Grades:** K, 1 and 2; **Fee:** \$98/8 weeks

This workshop will explore the basic elements of art (line, color, pattern, shape, form, composition, texture, space) through a variety of materials and mediums that will both incorporate and push beyond the confines of flat paper (fabric, collage, found objects, prints, clay, photography). Students will look at the work of past and current artists for inspiration - both conventional and unconventional - as they create and have fun (think Henri Matisse, Alberto Giacometti as well as Banksy, Cindy Sherman and Vik Muniz). Along the way, students will learn how even the most extraordinary art can be made from the ordinary, anytime, anywhere. Maximum enrollment is 12 students.

**Andrea Latvis** studied Fine Arts at Amherst College and with the Rhode Island School of Design in France. She has worked extensively in the arts, including in the Contemporary Paintings and Sculptures department at the Brooklyn Museum and as a magazine photo editor in NYC (*Worth* and *Brill's Content*). In 2005, she launched her own line of illustrated babywear, which was honored in *Print Magazine's* Design Annual. Locally, she has designed and taught art workshops at Wondrous Years Daycare in Garrison and has co-run an Art-Spanish camp for pre-K/K children. This winter she was appointed to the Education Board of the Garrison Art Center. Andrea is mom to Haldane Kindergartener Ruby (6) and Sam (1).

### **Science with Lisa Mechaley**

**Location:** TBA **Time:** 3:10 p.m. - 4:30 p.m.; **Grades:** 3, 4 and 5; **Fee:** \$98/8 weeks

Learn about science by doing what scientists do! Experiment with chemistry, gravity, density, and physical forces. Make something that sinks in a tank and then floats back to the top; drop an egg from 6 feet without breaking it; make a rubber stopper fly using chemical energy; make a tower out of a single sheet of paper and more! Maximum enrollment is 12 students.

**Lisa Mechaley** has worked as a Middle School Science Teacher, Environmental Educator, and Staff Developer for Bank Street College. She is currently the Manager/Educator for the River of Words Program at the Hudson Highlands Land Trust.

### **Yoga & Creative Movement with Emily Flay**

**Location: B1 Time: 3:10 p.m. - 4:10 p.m.; Grades: K, 1, 2, 3, 4 and 5; Fee: \$95/8 weeks**

This class, open to all elementary students, will combine Yoga with an introduction to Creative Movement, which integrates music, movement and dance in a thematic curriculum. Children will be introduced to yoga poses, breathing and relaxation techniques, yoga games, chants and more while incorporating whole body learning. Maximum enrollment is 12.

**Emily Flay** teaches Yoga for The Children's School of Yoga in Orange County, NY and is also a children's dance instructor for a Royal Academy of Dancing school. She is a graduate of the Institute for Integrative Nutrition. She teaches dance and yoga classes for young children throughout the Hudson Valley.

### ***Wednesday***

March 7, 14, 21, 28; April 11, 18, 25; and May 2

### **Art on Wednesdays with Nina Elton**

**Location: TBA Time: 3:10 p.m. - 4:10p.m.; Grades: K, 2 and 3; Fee: \$98/8 weeks**

Students will participate in art workshops that develop skills known to enhance many types of learning, as well as self-confidence and self-expression. Through exercises in line, shape, color, pattern, texture and more, students will explore painting and collage ("drawing with scissors"), with the magic of the Hudson Valley as their muse. Drawing on nature and architecture for inspiration, they will discover the sculptural third dimension through clay and wood. And tapping their own imaginations, they will construct images pulled from their personal dreamscapes.

**Nina Tantillo Elton** has developed curricula for all ages and diverse populations. Among her many projects, she partners with *Arts Horizons*, *Doing Art Together* in conjunction with *The Metropolitan Museum of Art* and the *New York City Board of Education* as an artist-in-residence and professional staff developer. This past year she participated in a *Special Education Arts Academy* in Harlem, NYC, bringing the arts to children with autism. In addition, she works as an adjunct professor in the Art Education Department at SUNY New Paltz and as an artist/educator with Mill Street Loft in Beacon. Nina has been awarded twice by the *Society of Publication Designers* for graphic design.

### **French is Fun with Eva Cagianese**

**Location: Modular Two Time: 3:10 p.m. - 4:30 p.m.; Grades: 1, 2, 3, 4 and 5; Fee: \$95/8 weeks**

This class provides an introduction to the French language using songs, stories, pictures, poems, puppets and theater games.

**Eva Cagianese** has been teaching French at Haldane for 20 years. Ms. Cagianese learned French in Geneva, Switzerland where she attended the International School. For her Masters Degree in Education, she developed a handbook for teaching French using songs, stories, pictures, poems and theater games. She has worked extensively with Elementary children and feels that learning a foreign language should begin at an early age.

### **Beginning Science with Frank Ortega**

**Location: B1 Time: 3:10 p.m. - 4:10 p.m.; Grades K, 1 and 2; Fee: \$88/7 weeks**

Ask not "What time is it?" but "What is Time?" Can electricity really pass through people and turn on a light? How big is a star? What is gravity? Why does the needle of a compass move? How many worms does a baby robin eat in one day? Why doesn't the quack of a duck make an echo? Does a starfish have a brain? How long does a housefly live? What living thing can grow three feet in one day? This workshop will inspire very

young future scientists to find the answers to our never-ending questions. Maximum enrollment is 8 students. **This class runs only 7 weeks.**

**Frank Ortega** has taught workshops for the *Haldane PTA Enrichment Program, Desmond-Fish Library, Garrison Union Free School* and *The Randolph School*. He was Head Teacher in elementary at *Our Montessori School* in Yorktown Heights and created *Learning Connections*, a private weekly enrichment workshop that ran for four years. His private *Spanish Language & Culture* and *Art & World Culture* classes have run weekly for eighteen years. He has been tutoring in Cold Spring for over twenty years.

**\*\* Note Regarding Beginning Spanish:** Unfortunately, our plans to offer a Beginning Spanish class on Wednesdays fell through at the last moment. We intend to make this class a priority for next Fall.

### **Thursday**

March 8, 15, 29; April 12, 19, 26; and May 3, 10

#### **Fitness and Running with Lauren Haines**

**Location: TBA Time: 3:10 p.m. - 4:30p.m.; Grades: 3, 4 and 5; Fee: \$75/6 weeks**

Course objective is to teach the basics of running fitness through various warm-up exercises and fun races that concentrate on agility, coordination and endurance. The session will begin with basic stretching exercises focusing on the fundamentals of training for aspiring runners followed by running a few laps and short sprints. Emphasis will be on fun, teamwork and motivation. Maximum enrollment is 12 students. **All participants must bring a water bottle and wear running shoes. This class runs only six weeks; the first class is March 29.**

**Lauren Haines** is an experienced middle distance runner. Lauren attended Villanova University on a full track scholarship and earned All American status in the 1500m run and 5000m Cross Country races. Lauren also anchored the mile leg for the Villanova team that set national collegiate and world records at the Penn Relays. Lauren has been inducted into the Hall of Fame at Villanova University and at her High School, (Oyster Bay High School on Long Island). Lauren still runs for pleasure and personal fitness and has begun competing in sprint triathlons. She recently placed 2nd female overall in the Cayman Islands Sprint Triathlon. Lauren is the mother of Brian and Ashley who are in the 7th and 5th grades.

#### **Guitar with Michele Rubin**

**Location: TBD Time: 3:10 p.m. - 4:30 p.m., Grades: 3, 4 and 5, Fee: \$95/8 weeks**

Class will be geared toward 3<sup>rd</sup> to 5<sup>th</sup> graders who are beginner guitar players. The class will cover the basics, from tuning a guitar and forming the basic chord structures to time signatures and accompanying themselves on their favorite songs. Emphasis will be on ease of chord transition and singing along. This will be a fun, interactive entry into guitar playing which will allow kids to gain basic skills with which to explore the magic of playing music. Lyric sheets with guitar chords will be provided, but **it is necessary for each student to have a guitar to bring to the class.** Maximum enrollment is 8 students.

**Michele Rubin** is a singer-songwriter and guitarist who performs in the duo, Open Book, with her partner, Rick Gedney. Michele has many years of experience in teaching music to children including her own daughter who is now studying music in college. Michele's teaching style is fun and accessible and emphasizes learning guitar within the framework of familiar popular songs.

### **Drama with Liz Keifer**

**Location: B1 Time: 3:10 p.m. - 4:10 p.m.; Grades 2, 3, 4 and 5; Fee: \$90/8 weeks**

Come join us for drama games, exercises and scenes, expanding your child's imagination and creativity. We will explore the basics of theater through movement, voice and improvisational games, allowing your child the opportunity to explore their creative voice. Drama helps to develop focus, concentration, listening, self-esteem and group participation. Introduce your child to the world of theater in a relaxed, nurturing and creative environment. Maximum enrollment is 8 students.

**Liz Keifer** is a professional actress with over thirty years in film, television and theater. Most recently she has portrayed the character of "Blake Marler" for seventeen years on "Guiding Light." She can be seen often at the Depot theater, most recently in "the Secret Garden", "A Little Night Music" and "The Return of the Incredible Shrinking Man." She directed the children's 'Fairy Tale' theater at the Depot theater over this past summer and had a most joyful experience. Liz is a Garrison resident who two children attend GUFFS.

### **EcoKids with Cathy Bakker**

**Location: Outdoors and Mod 2 Time: 3:10 p.m. - 4:30 p.m.; Grades 1 and 2; Fee: \$40/6 weeks**

Become an EcoKid! Discover the wonders of nature in Haldane's backyard. Led by environmental educator Cathy Bakker, this group will explore the trails and woods around James Pond and experience the change of seasons out of doors. Wear appropriate clothing and footwear - it can be muddy and cold. Students should bring their own snack. Water will be provided. While out in the woods it is very important that students listen to the instructor and the parent volunteers and show respect for each other and the environment. Maximum enrollment is 12 students. **This class runs only six weeks. The first class is March 29.**

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**Cathy Bakker** is an Interpretive Naturalist for the Hudson Highlands Land Trust and an Environmental Educator for The Garrison School. She is a NYS certified teacher with an MS in Elementary and Special Education from Fordham University. She completed her ecology studies with The Department of Environmental Conservation at Stonykill. At The Garrison School, Cathy is project manager for Forest Day and leads the EcoKids after school program. Additionally, she leads hikes and snowshoe programs in partnership with the Philipstown Recreation Center.

### ***LEGO Friday***

Session I: April 20, 27; and May 4;

Session II: May 11, 18, 25

Create amazing LEGO® brick creations through a program that is educational, imaginative and curriculum based. Community building, teamwork, fun and imagination are all packed into these two amazing after-school sessions.

**Please register children for only one of the three-week sessions, in order to allow everyone a turn. A wait list will be created for next fall's classes if sessions are over-enrolled.**

### **Time Travel with Brick Kids: Session I**

**Location: Room B1 Time: 3:10 p.m. - 4:10 p.m.; Grades: K, 1, 2, 3, 4 and 5; Fee: \$40/3 weeks**

The class travels to a different time period each week, as students learn about the culture of different times and places. Famous monuments will be built, perhaps the Great Wall of China, the Step Pyramids of Central and South America or Easter Island Heads. History learned in a whole new way! **Session runs only three weeks; class meets April 20, 27 and May 4.**

### **Best of Brick Kids: Session II**

**Location: Room B1 Time: 3:10 p.m. - 4:10 p.m.; Grades: K, 1, 2, 3, 4 and 5; Fee: \$40/3 weeks**

Each week Brick Kids will offer their most popular builds, perhaps The Empire State Building, a brick marble run, a castle, or cars and racing ramps. Hidden Social Studies Curriculum is taught while we build, but shhh don't tell the kids! **Session runs only three weeks; class meets May 11, 18 and 25.**

**Brick Kids'** programs are innovative, educational, and amazing. Their unique program uses LEGO® brick projects to explore history, science, social studies, math, and imagination. Located in Dutchess County, Brick Kids travels throughout the Mid-Hudson Valley to bring LEGO® brick fun everywhere. They have been featured in the *Poughkeepsie Journal* and local Cablevision News as well as *Hudson Valley Parent Magazine*. Brick Kids are not affiliated in any way with the LEGO Company, but they love their bricks!